



August 19, 2016
Via ETFS Filing

Verizon Long Distance LLC
One Verizon Way VC32W545
Basking Ridge, NJ 07920

FRN: 0004342598
TRANSMITTAL No. 186

Secretary, Federal Communications Commission
Washington, DC 20554
ATTN: Wireline Competition Bureau

The accompanying tariff material issued by Verizon Long Distance LLC and bearing Domestic Tariff FCC No. 11, is sent to you for filing in compliance with the requirements of the Communications Act of 1934, as amended. This filing is made on not less than one (1) day's notice. The purpose of this filing is to grandfather the one-year and three-year terms for the Company's FirmRate Plus Plan effective August 21, 2016 and consists of tariff pages indicated by the check sheet listed below:

FRN:	0004342598
43 rd Revised Page 1 - FCC Tariff No. 11	Domestic Communications Service

This transmittal letter and associated attachments are being filed electronically today via the Federal Communications Commission's Electronic Tariff Filing System (ETFS). Payment in the amount of \$910.00 has been electronically transmitted to the U.S. Bank in St. Louis, Missouri in accordance with the fee program procedures. Supporting material is not required with this filing. Petitions pertaining to this filing may be served in person or by facsimile to:

Ms. Connie Wightman, Consultant
Telephone: (407) 740-8575
Facsimile: (407) 740-0613
Email: cwightman@tminc.com

Any questions you may have regarding this filing should be directed to my attention at 407-740-3002 or via email to cwightman@tminc.com. Thank you for your assistance in this matter.

Sincerely,

/s/Connie Wightman

Connie Wightman
Consultant

cc: Joan Gage (Via Email) - VLD
cc: Karl Tucker (Via Email) - VLD
file: VLD - FCC - IXC
tms: Transmittal 186
Project Number B15-34

CW/bc